



Alexandria Knolls West Condominium

6101 Edsall Road
Alexandria, Virginia 22304

AKW COVID-19 Coronavirus Update #6

March 25, 2020

Hello neighbors. As we settle into our new “normal” and a lot of this previously-unimaginable stuff becomes part of the routine, we want to continue to keep you updated. There’ll still be need-to-know items that are important, but increasingly there are less urgent/important items that many of you will nevertheless appreciate. So, we’ll break these updates into need-to-know and nice-to-know sections which will help those of you with less time and/or interest. I hope these updates are helpful and your feedback on them is welcome. Take care of you, yours, and your neighbors. — Quade.

The full AKW COVID-19 Coronavirus response and resources are available at www.akwcondo.com/alerts.html

Need to Know

FITNESS CENTERS LIMITED REOPENING—At last night’s first-ever virtual AKW monthly Board meeting co-owner Michael Sullivan presented a proposal to the Board to test a limited reopening of the fitness centers. You’ll recall that, at the advice of legal counsel, our management company, and other trusted sources, the decision was made to close the gym. Michael proposed a slotted, sign-up sheet to allow one household in the gym at a time. Hours will be very limited and Michael will be coordinating. The sign-up sheet for tomorrow will be posted at 3 PM near the visitor parking sign-in on the guard desk. The Board voted in favor of this with the understanding that the decision can be rescinded at any time if residents fail to comply with the rules: that they may only be in the gym during their assigned time, with members of their own household only—no exceptions, and that they wipe down equipment before and after use. For more information contact Michael at msullivan@falkentire.com.

HAPPY HOUR CANCELLED THIS WEEK—Happy Hour is cancelled again this week, for obvious reasons. Club members’ dues will be applied to future weeks once the event is able to return.

HOSPICE PRESENTATION CANCELLED BUT HELP AVAILABLE—The owner-sponsored Capital Caring Health hospice presentation scheduled for Tuesday is postponed until an unknown future date. Please see more information below about Senior Services being offered during this critical time. Contact Wendy Shelley, sponsoring owner, at w-shelley@comcast.net.

Nice to Know, Etc.

SENIOR SERVICES OF ALEXANDRIA—Our neighbor Wendy Shelley volunteers with Senior Services of Alexandria and informed us that SSA is continuing uninterrupted its mission of providing nutrition to homebound seniors residing in the City of Alexandria, as well as coordinating reservations for the DOT Paratransit Program during the current health crisis. Meals are being delivered to homebound, isolated older adults with extra preventive measures instituted to keep both volunteers and seniors safe. The Groceries to Go program will be providing groceries to clients who must remain in their homes and rely on this service for nutrition. SSA staff continues to make taxi reservations for disabled individuals who participate in the DOT Paratransit program that allows them to keep critical appointments. If you would like to help, call 703-836-4414 or visit SSA’s website at www.seniorservicesalex.org



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WHAT ARE YOU DOING?—More information forthcoming from the editors of *Knolls News*, but they're asking to hear from you about what you're doing to keep busy these days? What movies have you watched? What games are you playing? Exploring new technology to keep engaged with friends and loved ones? *Knolls News* is looking to share your thoughts and suggestions in the April edition of the newsletter. Please send your stories and share your ideas on how to while away the time as productively as possible. Contact sharon@akwcondo.com with yours!

HELPING HANDS—Co-owner Brian Block continues to be available to receive requests for help and volunteers to help. Willing to run an errand for someone who needs to shelter in-place? Shut in and need someone to pick up milk and bread for you? Reach out to Brian at brian@brianblock.com.

GIVE AND TAKE STATION—Following on from the previous topic, co-owners Rose and Bill Munson have established a "Give and Take" station in the Party Room. The concept is similar to the lending library in the Billiard Room—have excess cans of tuna or dried pasta or other staples? Drop them off for others who need just such a thing. Need something you can't find or can't go out to get? Visit the station and take what you need. Remember, though, no perishable food—we don't want to draw rodents and the like—and no expired food. Please, no raising the pantry! Be thoughtful and take only items you need.

METRO CLOSING STATIONS—Metro has announced that it will close 17 metro stations starting tomorrow, the 26th. Among the closures is Van Dorn Street Station, which certainly impacts some of you. More information about Metro's closures is here: <https://www.wmata.com/about/news/COVID-19-Service-Update-4-Station-Closures.cfm#main-content>

REMOTE BOARD MEETING FEEDBACK—Last night AKW held its first-ever remote Board of Directors meeting. Did you call in? If so I'd love to hear your feedback to share with the other Directors. Also, once we return to in-person meetings do you think providing a call-in number is something we should do for all future meetings? We'd love to hear your impression.

AKW NEWSFEED—We are keeping the AKW newsfeed updated as there are developments or as we hear about news we think will be relevant to you. Follow the newsfeed on the homepage of www.akwcondo.com, or, if you have a Twitter feed, follow us there at twitter.com/akwcondo.
